

# SUPPLEMENT QUALITY

CLAIRPOINTE FAMILY CHIROPRACTIC



## WHY QUALITY SUPPLEMENTS ARE IMPORTANT FOR YOUR HEALTH



Written By: Dr. Gary Shoemaker

As we go through life, our bodies lose nutrients that were plentiful when we were younger. Stress, aging, exercise, and intermittent poor eating habits or other bad habits can deplete our key nutrients, so much so that everyone should be taking something. While the CDC says that only 10% of Americans are clinically deficient in one or more nutrients, we know from experience that you start feeling poorly long before you are clinically deficient. Many common ailments can be traced to nutritional deficiencies.

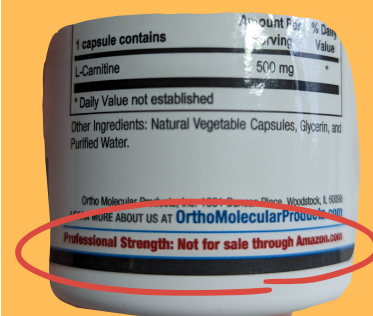
Taking nutritional supplements takes careful consideration. It's not wise to take what's easy. If it's not high quality, it will pass through your body before you have a chance to dissolve and absorb it for your benefit. In other words, quality matters. **The most expensive supplements you can take are the ones that you can't dissolve or absorb.**

We here at Clairpointe only recommend the best supplements available for our patients, and they are the very supplements we take. Ortho Molecular and Anabolic Laboratories are both pharmaceutical-grade and not found in local retail outlets or on Amazon. In fact, both companies have banned their products from being sold on Amazon and continue to spend a great deal of time and money removing their products from the site. Ortho Molecular goes as far as buying up all its products on Amazon and testing them. The product is often expired, rancid, or not even an Ortho Molecular supplement! We are proud to work with a company that takes great strides in protecting our patient's health as much as we do. We can order any product directly from Ortho Molecular or Anabolic Laboratories for you, and most Ortho Molecular products can be ordered through Fullscript once we set you up with an account.

If you have any questions about the quality of the supplements you are currently taking, please feel free to ask Dr. Nathan or myself at your next adjustment.

### CHECK YOUR BOTTLES

Have you ever read the back of your Ortho Molecular supplement bottle? About three years ago, Ortho Molecular updated all of its product labels and added an important message on the back of the bottle. In red, they printed **"Professional Strength: Not for sale through Amazon.com"** to discourage the distribution of its products through unlicensed professionals and to keep customers safe!



**SPECIAL OFFER**

# FullScript

**HAVING PHARMACEUTICAL-GRADE  
SUPPLEMENTS SHIPPED RIGHT TO  
YOUR DOOR.**

**10%  
OFF**

FullScript is a website used by healthcare professionals to prescribe pharmaceutical-grade supplements. Fullscript purchases its supplements directly from the manufacturers. Clairpointe has been using Fullscript for three years now to get quality supplements to our patient's doorstep.

**This month only**, we are giving you **10% off** your Fullscript purchases to help you get back on track with taking quality supplements. Don't have an account? Let the doctors know at your next adjustment, and we'll get you set up with the products you need and add the special offer to your account.

## Supplement Word Search

- |                        |                |
|------------------------|----------------|
| 1. Glucosamine Sulfate | 9. Fish Oil    |
| 2. Zinc                | 10. Probiotics |
| 3. Sago C              | 11. AvedEze    |
| 4. Vitamin K2 w D3     | 12. Cardio B   |
| 5. Sinatrol            | 13. AdreneVive |
| 6. Natural D-Hist      | 14. Calcium    |
| 7. CollaGEN            | 15. Cosmedix   |
| 8. Magnesium           | 16. OsteoPrev  |

M R Y A G K P P Q P R O B I O T I C S R  
G Z F X C Y M F A Z U C D O V Y B A K F  
Y F O T S B R N S D U M P H C D X F F C  
C G S Y I U L R A O R O C O S M E D I X  
P S T R N C W A C T S E N K U D S A S D  
S J E E A G G V C O U Y N D M L A I H S  
A S O U T V H E B A L R H E G O Z P O R  
G L P Z R M G D U T D L A Z V Q S Q I G  
O C R I O H N E F U G A A L I I U R L O  
C A E J L T C Z C U U Z S G D N V G D U  
X R V H K I O E S A G T O J E H B E Z M  
S D N A L V I T A M I N K W D N I J M A  
V I U M Y K L F G N R Y W O G F G S C G  
K O B P A D Z E M O P R O C P Y O Q T N  
Y B G L U C O S A M I N E S U L F A T E  
P F J B Y W H N X Z A S Y M Q T C D C S  
B T Z R P L O C A I N Z E G S G R N B I  
C F T H T S Z D A N Z M B P X I N D X U  
H Z T O X A D V I C S N C N B T R G D M  
J R C A L C I U M A R V Q W K B T X J Q

Scan the QR Code  
for Word Search  
Answers.



## It's Allergy Season!

Ortho Molecular has supplements that can support you through allergy season. Sinatrol provides support for upper respiratory challenges, and Natural D-Hist prevents the release of histamine and reduces your allergic response naturally. If you are interested in adding these supplements to your Fullscript, let the doctors know today!



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